

Carers Packs

Central Surgery

**Supporting you in caring for
yours**



Central Surgery

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<https://www.thecentralsurgeryoadby.co.uk/>

Dear Patient / Carer / Member of Practice,

Thank you for letting us know that you are caring for someone.

We do understand the impact that looking after someone can have on patients' health and well-being and are keen to help if we can to support you to stay as fit and healthy as possible.

One of the ways that we may be able to help is by sharing information in this pack that might be helpful to you. With this in mind, included in this pack is a Carers Form, by filling this out and handing back to Reception, we can register you as a 'Carer', there are also a 'Useful Numbers' list and a 'Carers Checklist' to help and support you further.

Yours Sincerely,

The Central Surgery Team

Registration as a Carer with The Central Surgery

Please complete this form and hand it to a member of our reception team

Your Name: Date of Birth:

Address:

.....

Telephone Number: Email Address:

I look after (relationship to cared for: eg husband, wife)

Condition effecting the person I care for:

I would like you to enter these details into my records to identify that I am a Carer.

If there is a child or children affected by the caring situation please give their details:

Child(ren) name(s) is/are:

.....

Please also include the details onto their notes to identify that they are Young Carers.

Signature: Date:

Please print name:

There are a number of services available for Carers across Leicestershire. For further information visit www.leicestershire.gov.uk/adult-social-care-and-health/looking-after-someone OR call Leicestershire County Council on **0116 3050004** and/or Support for Carers for Leicestershire on **01858 468543**.

'A carer spends a significant proportion of their life providing unpaid support to family or potentially friends. This could be caring for a relative, partner or friend who is ill, frail, disabled or has mental health or substance misuse problems.'

National Carers Strategy

Useful numbers for carers

Here are some useful numbers you could use if you in need of any extra help or guidance:

NHS 111 – for urgent medical concerns

Call: 111

Leicestershire County Council - Adult Social Care Emergency Team

Call: 0116 255 1606

Leicester City Council - Adults' Services Emergency Helpline

Call: 0116 255 1606

NHS Carers Direct helpline

(excluding Bank Holidays)

Call: 0300 123 1053

Leicestershire Support for Carers

Call: 01858 468 543

Attendance Allowance Unit

Call: 0800 7310122

Carers Allowance Unit

Call: 0800 731 0297

Carers UK

Call: 020 7378 4999

Age UK Leicestershire and Rutland

Call: 0116 299 2233

Care Home Selection

Call: 0800 008 7193

Samaritans

Call: 08457 909 09



Carers Checklist

- ☐ ❖ Register yourself as a Carer at your GP Practice
- ☐ ❖ Check to see if you are eligible for any benefits
- ☐ ❖ Carers Assessments – See what help or support may be available to you as a Carer
- ☐ ❖ Emergency Plan in place – In case you become ill or unable to care for your loved one
- ☐ ❖ L.P.A & Wills – Make sure your legal affairs are in order
- ☐ ❖ Call Social Services if you need help looking after your loved one – including any aids or equipment

